

Safe Kids Week 2011 : Child Passenger Safety May 30 - June 5, 2011

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Open 7 days a week

11:00AM-7:00PM



Designed by

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Car seats

Car crashes kill more children than any other injury, but when children use car seats, they are less likely to be badly hurt. Parents and caregivers can choose the right car seat or booster seat for their child and make sure it is used for every single ride. In the best interest of your child, don't move on to the next car seat stage too early.

Rear-facing: Infants should be in a rear-facing car seat for as long as possible because it gives the most protection for small bodies. Parents should keep using a rear-facing car seat even when their child is over the 10 kg (22lbs) set out by some provincial laws. Many rear-facing car seats are now designed for much heavier and taller children and experts recommend using such a model.

Forward-facing: Once a child is over the height and weight for their rear-facing car seat and can walk without help (well over one year of age), they can change to a forward-facing car seat that matches their height and weight. Experts recommend that parents choose a forward-facing car seat made for a higher height and weight, so that a child can use it for longer.



Booster seat: When a child has outgrown the height and weight restrictions for their forward-facing car seat, it's time to try some booster seat models. It's important to get a good fit, so a few types may need to be tried. The booster seat must position the vehicle seat belt low on the child's hips, and the shoulder belt must rest in the middle of the child's shoulder, not touching the neck. Parents should use a booster seat until their child reaches a height of at least 145cm (4ft, 9in).

Seat belt alone: Your child is at this stage when their height and weight are too much for the booster seat, or the booster seat no longer positions the vehicle lap and shoulder belt correctly on your child's body.

Take the seat belt test

It is important that parents check where the lap and shoulder belt rest on their older child's body. Many Canadian parents skip the booster seat stage altogether, leaving their children at risk of serious injuries, or even death, in the event of a crash. Do you think your child is ready for a seat belt? Here's how to tell:

1. **Shoulders:** Does the vehicle shoulder belt lie in the middle of the shoulder and across the middle of your child's chest, not touching the neck? It's dangerous for the seat belt to touch the neck because it can be easily injured in a crash.
2. **Hips:** Does the vehicle lap belt rest low on your child's hips, under the belly area? The seat belt should lie on the hip bone area, not on the stomach.
3. **Standing height:** Is your child at least four foot nine inches tall (145 cm)? (If seated your child's height should be 25 inches (63 cm) from tailbone to top of head.)
4. **Knees:** Do your child's knees bend easily over the edge of the vehicle seat without causing them to slouch forward in their seat?

If you answered "yes" to all four questions, your child is ready for a seat belt on its own.

7th Street Health Access Centre

Coffee House

Sunday June 5th, 2:00 - 4:00



Grow your own!



For Community Garden space or information contact Marcia at the Samaritan House 726-0758.

The Samaritan House also have a supply of bedding plants and seeds to get you started (*while quantities last*)



Sharps drop off bins are located throughout the city for the public to discard their used needles/sharps and to keep them out of landfill, they can be found at:

- * 7th Street Access Centre - 20, 7th Street
- ** *changed*** Brandon Regional Health Centre main entrance
front of hospital on McTavish Avenue
(previously located at the South Entrance)
- * Home Healthcare Pharmacy - 3000 Victoria Avenue
- * Brandon Friendship Centre - 836 Lorne Avenue

Needles/sharps should be safely sealed in a puncture proof container that will fit the bin opening of 5 inches by 18 inches. **i.e, a 1 litre pop bottle. Do not discard loose needles.**

Reminder!

The Community Volunteer Income Tax Program will continue to offer a "drop off" service until September 16th, 2011.

Remember, to remain eligible for credits such as GST, Universal Child Care and the Child Tax Benefit you must file your 2010 taxes.