



# RESPIRATORY RESOURCE GUIDE

Service	Service Provider	Referral	\$	Who to Refer	Description of Service	Phone #	Fax #
<b>TESTING</b>	<b>BRHC Respiratory Department</b>	Physician to complete Respiratory Requisition	∅	Patients Requiring Respiratory Diagnosis or Reassessment <b>COPD or Asthma</b>	<ul style="list-style-type: none"> <li>▪ Full pulmonary function testing (PFT)</li> <li>▪ Methacholine challenge</li> <li>▪ ABG's</li> <li>▪ Oxygen Assessment</li> <li>▪ Oximetry</li> <li>▪ Inhaler education</li> <li>▪ Inhaler evaluation</li> </ul>	578-4085	578-4985
	<b>RANA-Medical Respiratory Wellness Centre</b>	Physician, other health care professional or self – referral	∅	Patients Requiring Respiratory Diagnosis or Reassessment <b>COPD or Asthma</b>	<ul style="list-style-type: none"> <li>▪ Spirometry</li> <li>▪ Oximetry</li> <li>▪ Chest Assessment</li> </ul>	1-888-297-7889 or 725-3207	1-204-725-3339
<b>Pulmonary Rehabilitation</b>	<b>BRHA Respiratory Rehabilitation Program</b>	Physician, other Health Care Professional or Self  <b>Physician order is required to attend the Program</b>	∅	Patients with <b>Moderate – Severe COPD</b> who are interested in participating and have successfully quit smoking	<ul style="list-style-type: none"> <li>• Multidisciplinary – Dietician, Pharmacist, Respiratory Therapist, Social Worker, Registered Psychiatric Nurse, Occupational Therapist</li> <li>• Exercise - Physiotherapist</li> <li>• 2 afternoons/week x 5 weeks</li> <li>• Monthly Maintenance Classes</li> </ul>	578-4203	578-4956
	<b>BRHC Physiotherapy Department</b>	Physician to complete BRHC Therapy Request or Physician Letter	∅	Patients with <b>any acute or chronic respiratory disorder</b> who do not qualify for the Respiratory Rehabilitation Program	<ul style="list-style-type: none"> <li>• Posturing &amp; Pummelling</li> <li>• Education re: Effective Coughing</li> <li>• Exercise</li> </ul>	726-2029	725-4871
<b>COPD &amp; ASTHMA</b>  <b>Education &amp; Reference Materials</b>  <b>Adult</b>	<b>BRHA Respiratory Clinic</b>	Physician <ul style="list-style-type: none"> <li>• Referral</li> <li>• Letter</li> <li>• Telephone order</li> </ul> Other Health Care Professional  BRHC MS4 Orders Communication  Or Self referral	∅	<b>COPD</b> <ul style="list-style-type: none"> <li>• Adult Inpatient</li> <li>• Adult Outpatient</li> </ul> <b>Asthma</b> <ul style="list-style-type: none"> <li>• Adult Inpatient</li> </ul>	<ul style="list-style-type: none"> <li>• Breathing techniques</li> <li>• Energy Conservation</li> <li>• Coaching &amp; ongoing support as individually required</li> <li>• Patient and family Education <ul style="list-style-type: none"> <li>○ Medication</li> <li>○ Inhalers (spacers &amp; other tools may be provided free of charge)</li> <li>○ Triggers/Irritants</li> <li>○ Action Plans</li> </ul> </li> <li>• Skill development for Self-Management</li> <li>• Coaching &amp; ongoing support as individually required</li> <li>• Access to all members of the multidisciplinary team</li> </ul>	578-4203	578-4956

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<b>COPD &amp; ASTHMA</b>  <b>Education &amp; Reference Materials</b>  <b>Adult &amp; Children</b>	<b>RANA-Medical Respiratory Wellness Centre</b>	Physician, other Health Care Professional or Self	Ø	Patients with any respiratory disorder <ul style="list-style-type: none"> <li>Any adult or child suspected or diagnosed with <b>Asthma</b> who or whose caregivers are interested and willing to attend.</li> <li>Any adult suspected or diagnosed with <b>COPD</b> who is interested and willing to attend</li> </ul>	<ul style="list-style-type: none"> <li>Full Respiratory Assessment</li> <li>Breathing techniques</li> <li>Energy Conservation</li> <li>Patient and family Education <ul style="list-style-type: none"> <li>Disease</li> <li>Medication</li> <li>Inhalers, (spacers &amp; other tools may be provided free of charge)</li> <li>Triggers/Irritants</li> <li>Action Plans</li> </ul> </li> <li>Skill development for Asthma/COPD Self-Management</li> <li>Coaching &amp; ongoing support as individually required</li> <li><b>Certified Asthma Educators</b></li> </ul>	1-888-297-7889	1-204-725-3339
<b>ASTHMA</b>  <b>Education &amp; Reference Materials</b>  <b>Children</b>	<b>Brandon Regional Health Centre – Paediatric Asthma Program</b>  <b>Children only</b>	Physician, other Health Care Professional or parent	Ø	Any child suspected or diagnosed with <b>Asthma</b> whose caregivers are interested and willing to attend	<ul style="list-style-type: none"> <li>Diagnostic and follow-up Testing</li> <li>Patient and family Education <ul style="list-style-type: none"> <li>Medication</li> <li>Inhalers</li> <li>Triggers</li> <li>Action Plans</li> </ul> </li> <li>Skill development for Asthma Self-Management</li> <li><b>Certified Asthma Educators</b></li> </ul>	726-2217	726-2570
<b>Education &amp; Follow-up Adults &amp; Children</b>	<b>Home Care - Brandon Regional Health Authority</b>	Physician, other Health Care Professional or Self	Ø	Patients with any respiratory disorder who require home care assistance	<ul style="list-style-type: none"> <li>Education &amp; Support</li> <li>Literature</li> <li><b>Case Coordinator assessment</b></li> </ul>	571-8427	726-5720
<b>Education &amp; Reference Materials</b>  <b>Adult &amp; Children</b>	<b>The Lung Association of Manitoba</b>	Ø	Ø	Patients with any respiratory disorder and the general public	<ul style="list-style-type: none"> <li>Educational videos</li> <li>Literature</li> <li>Support Group presentations</li> <li>Breathworks 1-866-717-2673</li> </ul>	725-4230	726-5800
	<b>Health Resource Centre BRHC</b>	Ø	Ø	Patients with any respiratory disorder and the general public	<ul style="list-style-type: none"> <li>Educational videos</li> <li>Literature</li> </ul>	578-4080	578-4984
<b>Smoking Cessation</b>	<b>Quit 4 You - Brandon Regional Health Authority</b>	Physician, other Health Care Professional or Self	Ø	Any person who would like to quit smoking	<ul style="list-style-type: none"> <li>Confidential 1:1 Assessment &amp; Counselling <ul style="list-style-type: none"> <li>Individualized treatment plan</li> <li>Education about Addiction</li> <li>Coping and lifestyle balance training</li> <li>Relapse prevention and lapse management strategies</li> </ul> </li> </ul>	578-4207	578-4956

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Smoking Cessation	<b>The Lung Association of Manitoba</b>	∅	∅	Any person who would like to quit smoking	<ul style="list-style-type: none"> <li>Literature</li> <li>Toll – free help to quit line <b>1-877-513-5333</b></li> </ul>	725-4230	726-5800
	<b>RANA-Medical Respiratory Wellness Centre</b>	Physician, other Health Care Professional or Self	∅	Any person who would like to quit smoking	<ul style="list-style-type: none"> <li>Individual support and follow-up</li> </ul>	1-888-297-7889	1-204-822-3852
Sleep Disorders	<b>Manitoba Provincially Funded Program</b>	Physician to refer to Specialist – Equipment requires a specialist's order.	∅	Anyone suspected or diagnosed with sleep disorders	<ul style="list-style-type: none"> <li>Sleep testing <ul style="list-style-type: none"> <li>BRHC Level 3</li> </ul> </li> <li>Full polysomnography <ul style="list-style-type: none"> <li>St. Boniface Health Centre (Dr. Kryger)</li> <li>HSC (Dr. Corne and Dr. Giannouli)</li> </ul> </li> <li>Equipment &amp; Supplies from Home Ventilatory Assistive Devices Services (HVADS) <ul style="list-style-type: none"> <li>CPAP</li> <li>BiPAP</li> </ul> </li> <li>Education</li> </ul>	<b>BRHC</b> 1-204-578-4085 <b>St. Boniface</b> 1-204-235-3406 <b>HSC Winnipeg</b> 1-204-787-2918	1-204-578-4985
	<b>RANA-Medical Respiratory Wellness Centre</b>	Physician to complete Sleep Apnea Program Consultation form	\$	Anyone suspected or diagnosed with sleep disorders	<ul style="list-style-type: none"> <li>Level 3 sleep testing</li> <li>Equipment &amp; Supplies <ul style="list-style-type: none"> <li>CPAP (specialist order)</li> </ul> </li> <li>Education and follow-up</li> <li>cost to patient</li> <li>insurance or financial assistance</li> </ul>	1-888-297-7889	1-204-822-3852
Oxygen Services	<b>Provincial Home Oxygen Program</b>	Authorized Physician <ul style="list-style-type: none"> <li>Brandon RHA</li> </ul> Dr. _____  Dr. _____  <ul style="list-style-type: none"> <li>Assiniboine RHA</li> </ul> Dr. _____  Dr. _____  <b>BRHC inpatients must have Home Care consult</b>	∅	Patients who have documented chronic hypoxemia and meet the Oxygen Eligibility Criteria <ul style="list-style-type: none"> <li>PO<sub>2</sub> ≤ (less than or equal to) 59 mm Hg</li> <li>Nocturnal desaturation confirmed through sleep study</li> <li>Exercise desaturation confirmed with oximetry testing</li> </ul>	<b>Testing</b> <ul style="list-style-type: none"> <li>Done by BRHC Respiratory Therapist and assessed by designated specialist</li> <li>Reassessed at regular intervals</li> </ul> <b>Home Care</b> <ul style="list-style-type: none"> <li>Case Coordinator Assessment</li> <li>Arranges for equipment</li> <li>Follow up (oximetry prn) and education</li> <li>Referrals to other Health Care providers prn</li> </ul> <b>RANA-Medical</b> supplies the following: <ul style="list-style-type: none"> <li>Oxygen Concentrator</li> <li>Back up oxygen cylinders</li> <li>Supplies</li> <li>In-home training</li> <li>4 month visits</li> <li>24 hour support</li> </ul> <b>Portable Oxygen</b> (by MD Prescription) <ul style="list-style-type: none"> <li>Cost to patient – often reimbursed by Pharmacare, Blue Cross, DVA , etc.</li> </ul>	<b>Testing</b> 1-204-578-4085  <b>Home Care</b> 1-204-571-8419  <b>RANA-Medical</b> 1-888-297-7889	1-204-578-4985  1-204-822-3852

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Oxygen Services	Short Term Oxygen Program (STOP)	Any Physician Order on inpatient chart  "Initiate STOP"	∅	Inpatients at BRHC who meet the above criteria.	<ul style="list-style-type: none"> <li>As above</li> <li>BRHC Respiratory Therapist does testing and communicates with the ordering physician</li> <li>Expect 1 day for testing and set-up</li> <li>Weekend discharges possible <b>ONLY</b> if BRHC loaner concentrator is available</li> </ul> <b>Retested in 4 weeks</b> <ul style="list-style-type: none"> <li>If criteria not meet – concentrator is removed</li> <li>If criteria met               <ul style="list-style-type: none"> <li>Referred to Home Care</li> <li>Referred to designated respiratory specialist</li> <li>Equipment stays with the patient</li> </ul> </li> </ul>	1-204-578-4085	1-204-578-4985
	Palliative Care	Referral to Palliative Care Program by Physician, Health Care Provider or Family	\$	Must be eligible for the <b>Provincial Palliative Drug Program</b>	<ul style="list-style-type: none"> <li><b>No testing is required</b></li> <li>Palliative Care Coordinator Assessment</li> <li><b>Costs will be reimbursed by Palliative Drug Program</b></li> </ul>	571-8429  Vendor of choice (see below)	726-5720
	Other Alternatives	Physician <ul style="list-style-type: none"> <li>Prescription for Oxygen</li> </ul>	\$	Patients who meet the prescribing physician's individual criteria	<ul style="list-style-type: none"> <li>Assessment and testing prior to prescription</li> <li>May be purchased from any oxygen supplier</li> <li>Thorough and regular follow-up is recommended</li> <li>Costs May be covered by Pharmacare and other 3<sup>rd</sup> party insurers</li> </ul>	<b>RANA-Medical</b> 1-888-297-7889 <b>Ready Oxygen</b> 1-204-728-5050 <b>VitalAire</b> 1-800-745-3824 <b>Welders Supply</b> 1-204-728-5888	
Respiratory Equipment for Home Use	Brandon Regional Health Authority or Assiniboine Regional Health Authority	Any Health Care Professional may order equipment directly from RANA-Medical on an Order Authorization Form.  A Doctor's prescription is required for any medication needed.	∅	Patients with acute or chronic respiratory disease that require specialized equipment	<b>Home Care or Public Health</b> <ul style="list-style-type: none"> <li>May or may not be consulted.</li> </ul> <b>Equipment</b> <ul style="list-style-type: none"> <li>Aerosol Compressors (for nebulized medications)</li> <li>Oxygen Concentrators (SEE ABOVE)</li> <li>Suction units (stationary or portable)</li> <li>Hi-Flow 50 PSI compressors (for humidification)</li> </ul> <b>RANA-Medical</b> supplies <ul style="list-style-type: none"> <li>The equipment</li> <li>Training on the use of equipment</li> <li>Ongoing service</li> <li>Patient supplies (tubings, masks, etc)</li> <li>Automatic referral to RANA-Medical Respiratory Wellness Centre for follow-up by a Certified Asthma &amp;/or COPD Educator</li> </ul>	<b>Public Health</b> 1-204-571-8374  <b>Home Care</b> 1-204-571-8416  <b>RANA Medical</b> 1-888-297-7889	1-204-822-3852