

HEALTH RESOURCE CENTRE

Phone: 578-4080

NEW MATERIALS – October 2009 – March 2010

Consumer Health

BF 531 .G47 2009	The mindful path to self-compassion
BF 723.F4 A753 2009	Sometimes I'm scared
QT 235 J32 2010	Living vegan for dummies
QT 255 A316o 2011	100 questions & answers about sports nutrition and exercise
QZ 200 K75e 2008	Everyone's guide to cancer therapy: how cancer is diagnosed, treated, and managed day to day. –5 th Ed.
QZ 201 S491a 2008	Anticancer: a new way of life. –1 st Cdn. Ed.
QZ 266 D622q 2011	Questions and answers about human papilloma virus (HPV)
W 15 H496m 2009	Medical terminology for dummies
W 85.4 W583f 2009	Finding your voice: our journey with cancer through the health care system
WB 120 M473 2009	Mayo Clinic family health book. –4 th Ed.
WD 175 B658c 2010	Celiac disease for dummies
WE 300 A134n 2008	No more joint pain
WK 200 R896t 2006	Thyroid for dummies. – 2 nd Ed.
WE 860 F529o 2011	100 questions & answers about hip replacement
WK 810 B916o 2011	100 questions & answers about diabetes
WM 171 A341o 2011	100 questions & answers about depression. –2 nd Ed.
WM 290 H566o 2010	100 questions & answers about how to quit smoking
WM 290 R982q 2006	Quit before you know it: the stress-free, guilt-free way to stop smoking – by planning your relapses
WP 580 E21m 2010	Menopause matters: your guide to a long and healthy life
WP 870 A547s 2010	Stand by her: a breast cancer guide for men
WS 350.8 .A8 F583a 2005	AD/HD for dummies
WT 104 A267h 2008	Healthy aging for dummies
WT 155 S656a 2004	Alzheimer's for dummies
WT 500 N843o 2011	100 questions & answers about chronic illness
WW 260 D491c 2008	Cataract surgery: a patient's guide to cataract treatment

Circulating

BF 503 .M66 2010	Employee engagement through effective performance
management : a practical guide for managers	
HF 5549 S471b 2009	Bad apples: how to manage difficult employees, encourage good ones to stay, and boost productivity
HF 5549.5 .E42 F35 2009	101 tough conversations to have with employees
HF 5549.5 .E43 O33 2009	Managing workplace bullying
QT 261 S795e 2010	Examination of orthopaedic and athletic injuries. –3 rd Ed.
QV 4 P5363 2011	Pharmacology and the nursing process. –6 th Ed.
QW 4 E575b 2011	Burton's microbiology for the health sciences. –9 th Ed.

QZ 4 C953ia 2010
correlations. –8th Ed.
QZ 267 F554c 2010
W 50 M878e 2011
makers. –2nd Ed.
W 62 M423 2009
honesty with empathy and hope
W 84.7 P886c 2010
3rd Ed.
WA 900 DC2 M278mr 2009
WB 102.5 M468 2010
WG 140 T365o 2010
WM 175 M498e 2010
Ed.
WO 517 R975d 2009
WS 421 N534 2010
WY 16 C976 2011
WY 18.2 C212 2010
WY 49 N9745 2011
care. –9th Ed.
WY 86 M4773t 2011
WY 86 N9738 2010
WY 100 H4343 2010
WY 100 I61 2010
–2nd Ed.
WY 100.5 C4867 2011
Ed.
WY 105 P191n 2009
WY 152 M647n 2009
WY 152 P1677 2010
WY 152 S525b 2009
WY 153.5 P467 2010
WY 157.3 M4266 2010

An introduction to human disease: pathology and pathophysiology
Cancer pain: assessment, diagnosis, and management
Ethics in health administration: a practical approach for decision
Mastering communication with seriously ill patients: balancing
Case management: a practical guide for education and practice. –
Manitoba RHA indicators atlas 2009
Essential evidence-based medicine. –2nd Ed.
The only EKG book you'll ever need. –6th Ed.
Eating disorders: a guide to medical care and complications. – 2nd
Differentiating surgical equipment and supplies
Newborn intensive care: what every parent needs to know. –3rd Ed.
Current issues in nursing. –8th Ed.
The Canadian registered nurse examination prep guide. –5th Ed.
Nursing diagnosis handbook: an evidence-based guide to planning
Theoretical basis for nursing. –3rd Ed.
Nursing theorists and their work. –7th Ed.
Health promotion throughout the life span. –7th Ed.
Introduction to evidence-based practice in nursing and health care.
Chart smart: the A to Z guide to better nursing documentation. –3rd
Nursing leadership from a Canadian perspective
Nursing for wellness in older adults. –5th Ed.
Palliative care nursing: quality care to the end of life. –3rd Ed.
Being present: a nurse's resource for end-of-life communication
The person with HIV/AIDS: nursing perspectives. –4th Ed.
Maternity nursing. –8th Ed.

Reference

QV 772 C735 2010
WB 141 C976 2010
WO 100 S399 2009
WR 17 F5591 2009
Ed.
Compendium of pharmaceuticals and specialties (CPS 2010)
Current medical diagnosis & treatment 2010
Schwartz's principles of surgery. –9th Ed.
Fitzpatrick's color atlas & synopsis of clinical dermatology. –6th

Audio/ Visual

Listening to soul pain (VHS)
Hand hygiene: the best medicine (DVD)
Newborn care (DVD)
Nutrition: shop healthy, cook healthy (DVD)

Understanding your stress (DVD)
Exercise: getting active, staying active (DVD)
Managing your stress (DVD)
Recognizing depression (DVD)
Treating Depression (DVD)
Smoking: staying quit (DVD)
Smoking: getting ready to quit (DVD)
Cardiac rehabilitation: training your heart for life (DVD)
Identifying and avoiding your asthma triggers (DVD)
High blood pressure: an introduction to treatment (DVD)
High cholesterol: an introduction to treatment (DVD)
Chemotherapy: an introduction to treatment (DVD)
Radiation therapy (DVD)
Sexually transmitted diseases (DVD)
Drawing from life: moving away from suicide towards life (DVD)
Breast cancer: the path of wellness & healing (DVD)